



MAKE MY DAY

RIO DE JANEIRO

1. FLIP

FLIP through the activity cards for morning, afternoon and evening.



2. MATCH

CHOOSE your day's itinerary by mixing and matching the cards.



3. GO

EVERYTHING you need for your city adventure is now at your fingertips.



FIND THE RIO DE JANEIRO

This enchanting beachfront attracts a wide mix of *cariocas* (residents of Rio). Different crowds – surfers, volleyballers, bohemians, muscle boys – congregate at each section, or *posto*, including famous *posio* 9 where Ipanema's young and beautiful frolic. The principal activities are people-watching, surf-side walks and sunset-watching. Roaming vendors sell food and drink, and *barracas* (stalls) set you up with chairs, umbrellas and caipirinhas. All you need do is sit back and enjoy the view. (Av. Vieira Souto; M; 11-5pm)



Of the many food stalls, *Posio 9* (Ipanema Beach, 11am-5pm) is a long-term favorite for its scrumptious sandwiches.

MORNING

From here to your afternoon destination

15min 40min 110min 45min 10min 20min 40min 40min 25min 80min 45min 45min 30min

A magnificent expanse of land and sea, the long, sloped beach of Copacabana extends for some 4km, with a flurry of activity along its length: over-amped soccer players singing their team's anthem; *cariocas* and tourists lining up for caipirinhas at kiosks; favela kids showing off their soccer skills; and beach vendors shouting out their wares among the tanned beach bodies. (Av. Atlântica; M; Cardeal Arcoverde)

★ **Top tip** Rooftop bars and forts at either end of the beach are great spots to take in the view.

From here to your evening destination

30min 45min 50min 50min 60min 50min 30min 65min 60min 40min 65min 5min 80min

Seen from the peak of Pão de Açúcar, Rio is undoubtedly a *Cidade Maravilhosa* (Marvelous City). There are many good times to make the ascent, but sunset on a clear day is the most rewarding. Two cable cars connect to the summit, 396m above Rio. At the top, the city unfolds beneath you, with Corcovado mountain and *Cristo Redentor* (Christ the Redeemer) off to the west, and Copacabana Beach to the south. (Sugarloaf Mountain; ☎2546-8400; www.bondinho.com.br; Av. Pasteur 520, Urca; adult/child R\$62/31; 8am-7:50pm; ☎513)



You'll find a cafe, restaurant and ice-cream shop within the park and even a **snack bar** (8am-9pm) at the summit.

EVENING

BEST OF RO, QUICKLY.



The transport planner shows you how long it takes to get from one activity to the next, by foot, train, bus or tram.



Find the best and closest eating options to where you're enjoying your day.



Mini-maps help you get your bearings and show you the nearest transport stops.



Turn over for the fold-out map to help you plot your perfect day.

2 CRISTO REDENTOR



**The iconic
open-armed
savior**

15 LAGOA RODRIGO DE FREITAS



**Head
outdoors
carioca-
style**

28 MARACANÃ FOOTBALL STADIUM



**Rio's temple
to football**

One of Rio's most identifiable landmarks, the magnificent 38m-high Christ the Redeemer looms large atop his lofty perch (710m-high Corcovado). The statue has stunning views over Rio, which probably explains his contented expression. The traditional way to reach the top is via a steep cog train, which ascends through tropical forest and adds a touch of excitement to the experience. (www.corcovado.com.br; cog station, Cosme Velho 513; adult/child R\$68/44; 8am-7pm; 🚞 180, 583)

★ **Top tip** Arrive early to beat the crowds.



Snack and juice bars sell refreshments at the summit.

MORNING

From here to your afternoon destination

15min 55min 100min 60min 15min 55min 55min 35min 25min 55min 70min 10min 40min

Actually a saltwater lagoon, rather than a lake, this picturesque body of water plays a key role in the city's psyche. *Cariocas* make ample use of the watery expanse by jogging and cycling the 7km lakeside path, dining near the water's edge or simply admiring the view. To join them, hire a bicycle on the west side of the lake or hire a swan-shaped pedal-boat from the eastern shore. In December Lagoa is home to a massive floating Christmas tree; its glittering lights are pure magic for kids and adults alike. (M Cantagalo)



Dine in the open air at one of a dozen or so **lakeside kiosks** serving sushi, bistro fare, Brazilian and Middle Eastern dishes.

AFTERNOON

From here to your evening destination

65min 45min 40min 60min 40min 90min 60min 45min 45min 75min 100min 70min 20min

Maracanã is hallowed ground for football lovers. It has been the site of both triumph (Pele's 1000th goal) and catastrophe (losing to Uruguay in the 1950 World Cup). Games here are spectacular, with samba drums, waving flags and tens of thousands of cheering fans sending up an earth-shaking roar when the home team (and Rio has four of them) scores. Whether or not you're a football fan, don't pass up the chance to see a game inside this historic arena. (www.maracana.com; Av Maracanã, São Cristóvão; admission R\$40-80; M Maracanã)



Head a mile east to **Aconchego Carioca** (Barão de Iguatemi 379; noon-11pm Tue-Sat, to 5pm Sun) for excellent traditional Brazilian cuisine.

EVENING